

## **Preferred OTC Medicines for Donation**

The following list of medications has been specifically requested by the HOI Medical Committee as the most used in the HOI clinics. The committee requests that teams who donate medications concentrate resources and focus on donating these medications only which will ensure that our clinics have a continuous supply.

## **Prescriptives**

Amoxicillin, suspension Anti-hypertensives: Atenolol, Furosemide (Lasix) Anti-diabetic: Metformin, Glibenclamide Medicine to treat coughs and flu Phenobarbital 100 mg Anticonvulsants: Emamin 100 mg or equivalent Phenytoin Amitriptyline or equivalent 25 mg Oral contraceptives Anti fungal creams / ointments Antibiotics for adults (Cipro, Bactrim, Septra)

## OTCs

Liquid & tablet acetaminophen Ibuprofen, liquid & suspension Medicine to treat coughs and flu Neosporin, Triple antibiotic and equivalents Anti fungal creams / ointments Hydrocortisone cream Multi vitamins for adults and children, also with iron supplements Pediatric vitamin suspensions Prenatal vitamins with iron Folic Acid tablets Ferrous Sulfate, iron tablets Mylanta, Tums or similar

\*\* Medical supplies and pharmaceuticals that will be imported as donations into Honduras must be registered with customs officials and the Ministry of Health. Failure to register pharmaceuticals could result in confiscation or delayed passage through Honduran Customs. We have included the following form for your convenience.

Please complete the form and return it to the HOI office four weeks prior to the mission trip.



## HOI MEDICINES DONATION LIST

Group Name:

Travel Dates:

Name of Medicine	<u>Exp. date</u>	<u>Manufacturer</u>	Quantity and Unit(s)	<u>Value</u>
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				

Please complete this form and return it to the HOI office four weeks prior to departure and be sure to carry a copy of it with you the day you travel to Honduras.